

**Amendments to the Specification:**

Please add the following new paragraph after paragraph [0020]:

[0020.1] Figure 2 shows two bars having different diameters.

Please replace paragraph [0022] with the following amended paragraph:

[0022] The torsion bar 1 shown serves for use in belt winders for safety belts. At its end sections, drive and/or locking elements 2 and/or 3 are provided, which can be coupled with respective devices in order to allow a single or multiple rotations of the torsion bar under particular stress of the safety belt and thus to act as a type of shock absorber. The torsion bar 1 including the drive and/or locking elements 2 and/or 3 embodied at the ends thereof are produced in one piece from a non-ferrous metal in a cold forming process using various impact extrusions in order to achieve various torques with constant sizes of the drive and/or blocking elements and various diameters of the torsion bar 1 as shown in FIG. 2.